Friendship is even more delicious than chocolate!

With a big idea and an even bigger heart, six-year-old Dylan raised over $150,000 to help his best friend!

Ever since they were just "little kids" in preschool, Dylan Siegel, now six, and seven-year-old Jonah Pournazarian have been best buddies. The two Los Angeles boys are inseparable, going to the same school and having fun playing Monopoly and video games together.

The only time the boys don't have fun is when Jonah isn't feeling well. Diagnosed as a baby with glycogen storage disease (GSD) type 1B, a rare and incurable liver disease that affects his blood sugar and metabolism, Jonah can't eat the way other kids do. He gets his nutrients through a feeding tube. Without constant monitoring, his blood sugar can drastically drop and cause life-threatening seizures. Sometimes, his condition even causes infections that land him in the hospital.

**"Can I give some of my money to help Jonah?"**

"I miss Jonah," Dylan often sighed when Jonah wasn't in school or had to miss a playdate. So when he learned that Jonah's parents, Lora and Rabin, started a fund to raise money for a cure, an idea popped into Dylan's head.

"Can I give some of my money to help Jonah?" he asked his mom, Debra.

He has such a big heart! Debra thought proudly. She didn't want him to empty his piggy bank, though, so she suggested, "What if we sell lemonade or have a bake sale?"

Dylan shook his head. He didn't say anything more about it, but that night, as Debra tucked him into bed, it was like a light bulb went off.

"Mom," he said, his face lighting up, "I know what I want to do! I'm going to write a book and give the money to Jonah's fund!"

Debra was taken by surprise.

Writing a book was too big a project for a six-year-old. Wasn't it?

She thought he'd forget about it the next day. But when Dylan came home from school, he asked for paper to write on. Then he settled himself at the table with different colored markers and pens and got to work. He'd been thinking about it all day and knew exactly what he wanted to write about: all the "chocolate bar"—in other words, awesome things he and Jonah liked to do.

"I like to go to Disneyland. I like to go to the beach. That is so chocolate bar!"

Other "chocolate bar" things were bowling, going to the aquarium, and playing games at the arcade. But the most important line he saved for the end: "I like to help my friend. That is the biggest chocolate bar!"

Tears filled Debra's eyes when she read the last page. "Dylan is really serious about this," she told her husband, David. "We have to help him."

They self-published Dylan's eight-page book, *Chocolate Bar*, and ordered 200 copies to sell at the boys' Good Deed Day at school.

"I can't believe Dylan wants to do such a beautiful thing for Jonah!" Lora wept. "Thank you!"

And, inspired, a local supermarket even donated chocolate bars for Dylan to sell!

On the day of the sale, the two families worked together to sell the books and candy bars. They hoped to make a few hundred dollars but at the end of the day, there was $6,000 in the cash box.

"That is so chocolate bar!" the boys beamed.

That was only the beginning. Because so far, thanks to Dylan, more than $150,000 has been raised for the Jonah Pournazarian GSD 1B Fund!

"What Dylan is doing is such a blessing," says Lora. "We are so grateful."

"Dylan has shown that it doesn't matter if you're six or sixty," Debra adds. "If you have a big idea and a big heart, you can make big things happen."

Even Jonah himself knows he couldn't ask for a better best friend. "It makes me feel good that Dylan wants to help me feel better," he grins. "It's really so chocolate bar!"

—Taryn Phillips-Quinn

Do you know a hero? Has someone you know come to your rescue or saved a life? We'd love to hear about it! E-mail your story with your name, address and phone number to: WFWFeatures@BauerPublishing.com. Or mail to: Everyday Hero, Woman's World, 270 Sylvan Ave., Englewood Cliffs, NJ 07632. We'll pay $100 if we publish your story; submissions may be edited for style.